

.....“ In winter, we spend about 75% of our time in the shop doing whatever needs to be done. ” see page 31 >>

# + farmstead



## Grow a Gardener

*Part One: Teaching your kids to dig gardening.*

STORY BY LYNN COULTER  
PHOTOS BY JAMIE COLE

**WINTER IS A GREAT TIME** to plan for the next growing season. Get your kids and/or grandkids involved and you'll grow more than nutritious fruits, herbs and vegetables. You'll raise a new crop of enthusiastic gardeners.

The key to gardening with children, says Karen Creel, who blogs as the Garden Chick and coaches adults on gardening with the younger generation, is focusing on age-appropriate activities and having fun. Little ones can sow large, fast-growing seeds like sunflowers and beans. Older kids can sell produce from roadside stands, with adult supervision, and keep the profits, or donate their harvest to a food pantry.

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